

District 83 News & Events

WORDS FROM THE DISTRICT DIRECTOR

Setting and Achieving Goals in 2019-2020 By Lynda Starr, DTM – District 83 District Director



Happy New Year! I'm excited to be writing my first newsletter article as District 83 District Director. I laugh when I think back to when I joined Dining to Speak Toastmasters in 2006 at the recommendation of a performance review when I was working as a telecom industry analyst with

the intention of being a member long enough to show that I was committed to the suggested improvement. Then in 2007, when asked to participate in a contest, I said, "I don't think I want to do anything outside the club." All it took was Tom Somers to ask me to be Area Governor and some encouragement from my mentors, and I learned to love District 83. Famous Last Words.

No matter how old we are, September represents a new school year and a new beginning. Now is the time to think about our goals for the Toastmasters year and to know that I and the other officers in the District Executive Team (DXT), and your Division and Area Directors are all here to support you and to help you to fulfill your goals.

The first task is to determine what your goals are, to determine if they are attainable and how you will accomplish them. Last year, my mentor, Bill Hood, DTM, PDG, suggested I put together a vision board. I gathered some friends on a Sunday afternoon, and we got to work. Months later some of my visions came to fruition-District 83 reached Distinguished Status, I purchased some furniture, and others remain on the board still to be fulfilled. The point is that some visions turned into goals because, in the words of Antoine de Saint Exupéry, author of *The Little Prince*, "A goal without a plan is just a wish." If you don't create a vision board, a piece of paper with some goals or an accountability partner can help to keep you on track. An accountability partnership is a buddy system in which you provide each other with support and feedback with the intention that each person will achieve success. This relationship is different from mentoring or coaching. A mentor offers knowledge, expertise and advice to those with less experience to guide mentees or protégés in the right direction.

SEPTEMBER 2019 INSIDE THIS ISSUE

IN THE LIMELIGHT

OASTMAS

ERS

District Director's Words	1
Have You Opted Out?	2
ClubGrowthDir's Words	3
Table Topics Contest?	5
Pathways Changes	6
Many Paths to Success	7
Hail and Farewell	10
CLUB NEWS	
Open Door	11
Shore Speakers	12
New Day	13
Warren County	14
State Street Princeton	15
Dialogue Party	16
Rutgers Staff	17
TM In Spanish	18
TM en Español	19
Newsletter Contest	20
How-To: Table Topics	21
G. Takei: A DTM Review	22
REGULAR FEATURES	
New DTMs	9
Welcome New Clubs	23
Celebrations	24
Dates To Remember	24
Contributions	25
Photo Credits	25
Editorial Information	25



Mentoring is a large part of Toastmasters, and Pathways includes a supplemental mentoring path. A coach, also part of the Toastmasters world, focuses on helping others to develop specific skills and development goals and creating a plan for these goals to be reached within a specific period of time.

Although each person has individual goals, it can take a village, meaning that there is no shame in asking for help to achieve your goals; or my other favorite quote, "teamwork makes the dream work." For more on the topic of goals and vision for District 83, please see Su Brooks' article, starting on Page 7 of this edition.

Hope to see you soon.

Notice to Members!
Have you "Opted Out" of receiving emails and don't know it?
Opting out of receiving emails on <u>www.toastmasters.org</u> automatically removes you from receiving vital, timely, and informative emails from District 83 Toastmasters.
To Remove "Opt Out" and Receive Emails from District 83:
1. Sign on to <u>www.toastmasters.org</u>
2. Click on "Welcome [Your Name]." (Your profile information will appear.)
 Click on "Edit Contact Information and Privacy" (above your picture) OR Click "My Privacy and Consents" (on right side).
4. Email: Click "Yes" if you want to remove "Opt Out" and receive emails.



District Club Growth Director's Words Sharing a Passion for Toastmasters Throughout the World By Michelle Tropper, DTM – District Club Growth Director

One of the most exciting things about attending the Toastmasters International Convention is meeting Toastmasters from around the world who share my passion for public speaking. Lynda, Willie and I arrived a few days early to



participate in two full and intense days of District Officer Training. We were grouped by Districts first and participated in some team building exercises with our Region 9 Advisor, Anne Gilson. We then broke out into groups by our roles and got to meet other District Directors, Program Quality Directors and Club Growth Directors from around the World. Region Advisors shared best practices with us and had us brainstorming and role playing to come up with strategies that we could employ in our home districts. My favorite session was one called "Brainwriting," where the other Club Growth Directors (CGDs) and I wrote down one goal we have for our districts, and we each provided our peers with several strategies to use for accomplishing their goals.

By the time the convention kicked off on Wednesday with the Board of Directors Meeting and Opening Ceremonies, we were all energized and ready for the learning, speech showcases, elections and competitions that were to come. As I sat in the audience during the Parade of Flags Opening Ceremony, I was overcome by emotion, thinking this must be what it's like to be at an Olympics Opening Ceremony. When Lynda walked onto the stage holding the flag for Costa Rica, we all stood and gave her a loud cheer.





Some of the convention highlights:



Jia Jiang, Michelle Tropper

• Golden Gavel recipient, Jia Jiang, inspired us in sharing his story of how he was able to turn a cycle of rejections into countless opportunities.

• Aaron Beverly's speeches in both the Semifinals and Finals of the World Championship of Public Speaking were World Champion-quality speeches. His first-place outstanding performances in BOTH competitions reminded us of the importance of polishing and honing multiple speeches when

competing for the World Champion title.

• Participating in the Inauguration of our International Board of Directors and Gala Celebration was enjoyable After a week of intense learning and hard work, we all got dressed up and had fun celebrating with each other.

Throughout the week, Lynda, Willie and I met with each of the candidates who were running for Toastmasters International Board of Directors positions. We interviewed many via teleconference prior to the convention,

and during the spare moments we had after training and convention sessions



Aaron Beverly

we met face-to-face with each candidate (18 in total) so that we could make informed decisions when casting our votes. When the results of the elections were announced at the end of the business meeting Friday night, we were glad that we had taken the time to personally meet with each of our newly elected officers. We had shared our district's concerns and challenges with them, listened to their ideas for improving members' and clubs' experiences, and felt confident that they would represent us well on the board.

One of the proudest moments at the convention was when our district was recognized in the Hall of Fame as a Distinguished District for 2018-19. It was so awesome to carry our district banner while walking across the international stage with all the members of District 83 who were in attendance. We are determined to continue our distinguished success this and future years and challenge each area in the district to net one new club in helping our district achieve our goal of becoming a Smedley's Distinguished District.

The next Toastmasters International Convention will be held in Paris, France, August 5-8, 2020; in 2021 it will be in Nashville, Tennessee.

I can't believe it took me 21 years as a Toastmaster to finally attend an International Convention. Now that I've experienced it, I encourage you to spread your wings and attend a future convention. It's when you take your Toastmasters journey outside of your club that you fully benefit from all that the program has to offer.





[left to right]: Lark Doley, DTM,IPIP; Manny Reyes, DTM,IPDD; Lynda Starr, DTM; Willie Markert, ACB,CL; Rahdi Spear, DTM,PID; Michelle Tropper, DTM; Tony Figueroa, DTM,PRA; Cyndi Wilson, DTM,RA; Sharon Daughtry; Anne Gilson, DTM,RA; Begonia Reyes, CC,CL; Elaine Rogers, DTM,IPRA; Janette Alexander, DTM; Rachel Weiss, DTM; Belvin Armenion, DTM. Attendee Not Pictured: Danielle Ulloa, EC1



WHAT HAPPENED TO OUR FALL TABLE TOPICS CONTEST?

As clubs prepare for the fall contests, we note there is only a Tall Tales Contest to plan. Toastmasters International rules state that district contests must take place at the Annual Conference, and all contests must progress from the club to area, division and district levels.

"Since we now have only one district conference each year, all contests must be squeezed into that already crammed schedule, and many attendees complained that, because in 2019 we had all four contests at the conference, it took time away from workshops," notes District Director Lynda Starr, DTM. "We therefore had to eliminate one contest—unfortunately, Table Topics was the one to be cut. Clubs can still hold Table Topics contests, although the winner will not progress."



Coming Soon Upcoming Changes to Pathways By Janice Buffalow, DTM,MS2,EH2 — District Pathways Education Chair and Area 34 Director



As I was unable to attend the 2019 International Convention in Colorado, I did the next best thing and monitored Facebook messages for anything dealing with Pathways.

On the first day of the convention, within an hour of Dan Rex's Pathways announcement during the Board of Directors briefing, I found several messages popping up stating: "Updates to Pathways! Wow!" This piqued my curiosity, and soon I found the following information to share with all of you.

Onboarding

There will be a significantly improved Pathways layout for new members once their dues have been processed and they receive their Welcome email. They will be able to move into Pathways quicker than before.

Path Selection

Selecting your path will become dramatically easier, and you will be able to view and compare the details prior to making your decision. Members will be able to select their paths directly, or they can take the assessment. The method of selection will be their decision.

Base908-93 Camp Simplification

A new homepage will be released in September, 2019.

Prospective Clubs

Soon after the International Convention, all prospective clubs will have access to all Level 1 projects.

Pathways Projects

As a reminder, each path contains 5 levels; each level contains 3-4 projects. Effective in September, 2019, all projects will be visible to all members.

All changes should be available in September; but, as with any major system update, the exact date of implementation may be extended. Stay tuned! If any club would like to have Pathways training, please do not hesitate to contact me: Janice Buffalow, janicebuffalow@msn.com.





Many Paths To Success



An Interview with District Director Lynda Starr, DTM By Su Brooks, DTM2 – District DTM Chair

I had the opportunity to speak with District Director, Lynda Starr, who shared her thoughts about this year's theme, "Many Paths to Success."

Q. What is your vision of success for District 83 for 2019-2020?

A. There are two parts: the vision of success for the district and my personal vision of success.

For District 83:

- Attain at least President's Distinguished status at the end of the Toastmasters year.
 - Michelle Tropper, DTM, our District Club Growth Director, believes it should be Smedley's Distinguished, though.
- Reinstate the District mentoring program
 - This is important for personal accountability. For example, you do not want to disappoint your VPE and your mentor if you agree that you will do something.
- Improve participation in district events.
 - There's a world outside of your club. Get to know about all the opportunities at the area, division, and district levels.
 - Stay informed via the district website, newsletter social media sites, and speaking with others.
- Increase Pathways adoption.
- Rejuvenate the Speakers Bureau.
 - This will be managed by Margarita Estrada, DTM. Stay tuned for announcements about audition dates.

Personal:

- Complete two Level 2s in Pathways.
- Serve the District to the best of my ability and help people achieve their goals.

Q. Does the theme "Many Paths to Success" relate to phasing out the traditional program and fully integrating Pathways after June 2020?

A. It could be both or anything at all. In Toastmasters, it could be serving as an Area Director or a Club Officer. In your professional life, it could be a promotion at work.



Q. How did you select the theme "Many Paths to Success"?

A. Many Paths to Success represents something inclusive, something that everyone can relate to that is positive and all-encompassing. A few years ago we selected "Plan your Dream" as the District 83 conference theme. A vision without a plan is just a dream. Everyone has a different dream and plan. Author Antoine de Saint-Exupéry inspires us with his quote, "A goal without a plan is just a wish."

With Pathways everyone has a different story and different goals. Whatever your goals are, if you can achieve them, then you are a success. It could be an Ice Breaker for one person and achieving a DTM for another person.

Q. What have you learned as a Club Growth Director and a Program Quality Director the past few years to help you define these goals for success?

A. For one, Toastmasters International has in its foundation the mission to guide us toward success and the Distinguished Club Program (DCP). Moreover, every member has his/her own goals and priorities.

The past two years, I have visited many clubs and, while every club has speeches, evaluations, and Table Topics, each club culture is different. There are different ways of doing things, and each way serves a purpose that is best for the club. Success has many definitions, and there are many ways to achieve success, as evident by our clubs.

Q. Please provide some examples of a few individuals demonstrating that there are many paths to success.

A. Bruce For, DTM, 2018-2019 Toastmaster of the Year for District 83, completed a path, the first person in the district to do so. He also successfully completed the Pathways mentoring program twice.

Each year Fran Okeson, DTM achieves multiple educational and leadership awards and has earned 20 DTM awards to date.

Many people stepped up to serve the District as Area Directors. Dave Chapman, DTM is one of our Division Directors, and he selected Katie Rohrer, a brand new Toastmaster, as an Area Director this year.

Success is different for each of these Toastmasters.



Let's revisit some ideas we had last year. Perhaps these inspire you.

- Try something new
- Step out of your comfort zone
- Take on a new role
- Enter a speech contest

Lynda, thank you very much for sharing your ideas to help us explore the Many Paths to Success. Best of luck this Toastmasters year with your goals for District 83 as well as your personal goals. You have a great team in place to help make your vision a reality.

Congratulations to our newest DTMs!
Belvin Armenion
Sharon Brown
Bruce For
Gail Goldfinger
Kadian Grant
Jiefan Huang
Siva Jonnada
Haroon Malek
Kevin McDonald
Julius Mutuku
Donna St John
Matt Taylor



District Events

HAIL AND FAREWELL is an annual District 83 event at which the outgoing district officers are acknowledged and thanked, the incoming officers are welcomed, and high achieving Toastmasters are recognized. The 2019 event was held on July 27 in Bridgewater Township, New Jersey.



Manny Reyes, DTM, pictured with Aida Murphy, DTM, is the target of the traditional roast of the Outgoing District Director.

(I-r) 2018-19 District Director Manny Reyes, DTM; Toastmaster of the Year Bruce For, DTM; 2019-2020 Program Quality Director Will Markert, ACB,CL; and 2019-2020 District Director Lynda Starr, DTM enjoy the Hail and Farewell event.





Club News Open Door Toastmasters Celebrate and Remember By Bob Hodge, ACB,CL – Immediate Past President

Open Door Toastmasters of Denville celebrated our fifteenth anniversary in June. Forty-two of us gathered for dinner, laughs, stories, and speeches.

Our club thanks Glen Caplin, ACG,CL for organizing the party. As our Toastmaster for the evening, Glen led our event with his usual wit and ceremony.

Two of our founding members, Irene and Arnold Card, DTMs, entertained us with stories of the club's early days and pointed to our ribbon-filled banner as a testament to our success.



Will Markert, ACB,CL **[left]** also a founding member, delivered a touching tribute to Open Door's Paula Markert, a beloved and valued Toastmaster whom we lost in 2017. Club President Hal Lefsky, CC introduced the

word of the day, Glossophobia -- fear of public speaking; then he proceeded to tear up the written word, as the members have been cured of glossophobia.

Following dinner, Bob Hodge stressed that what has enabled the club to achieve educational success is our friendly, supportive environment and the laughs we share at every meeting. A story involving a new station wagon and the transportation of cow manure down a steep hill led Irene Card to jump from her seat and give us all the details that led to a new pickup truck for husband Arnold.



Arnold and Irene Card

Open Door Toastmasters is a diverse group of 34 members (five of whom have earned Distinguished Toastmasters awards) of different ages, ethnic, national, religious and business backgrounds from Denville and surrounding counties. We are active in district events, and members have served numerous roles in District 83. The club has earned Presidents Distinguished status the last thirteen years.

We are a strong club because for fifteen years we have been dedicated and hard-working Toastmasters. Just as important, we've made it all fun.



Club News Shore Speakers Hold Open House and #19 Gala By John Steinhilber, ATMS,CL – Club Treasurer



Shore Speakers Club #7478 held a successful Open House on April 23, 2019.



Eight guests and 15 members attended this event, which was also a nineteen-year celebration meeting. Of the total guests, three joined Shore Speakers; two were former members supporting our club; and we are following up with the remaining three.

John Steinhilber, ATMS was Toastmaster for this meeting. Kharis Macey, CC was Refreshments Chair, responsible for delegating assignments and the meeting room setup.

Shore Speakers Club is attracting new and energetic members from all adult ages. We focus on maintaining an atmosphere that is friendly, comfortable, positive, and supportive, while improving our and other members' skills through the Toastmasters education program. Encouraging ourselves to take the next step, whether a meeting role or club officer, and knowing we can overcome our fears is the ultimate gift.



Club President Shelby Holliman, VC1 evaluates one of the speeches during Shore Speakers Open House

We at Shore Speakers are looking forward to the new Toastmasters year, continuing to excel in Pathways and focusing on creativity and maintaining enjoyment of our gatherings.

Shore Speakers Club achieved Presidents Distinguished Club status for two consecutive years.



Club News New Day Toastmasters Observes 15th Anniversary By Linda Alarcon, PI1 – Club President and Rose Proscia, CC – Vice President-Membership

A humble but cozy group of New Day Toastmasters met on August 7, 2019 at Cielo Ristorante on Staten Island to celebrate the club's 15th anniversary. Way to go New Day Toastmasters for keeping it rolling!

Over a delicious celebratory dinner, we discussed a range of topics from not mixing bleach and ammonia together, to picking up shards of broken glass with a slice of bread, to specialty retreats, and getting in touch with our inner spirit and voice which so many of us do to tune out in this busy world. It was pleasant to sit back and enjoy the fruits of our 15 years of labor - keeping it going.

Thank you Nancy Hazzard, CC for being instrumental in starting our club and to Arlene Trunzo, PI2 for outstanding leadership, continuous devoted commitment and your presence -- so necessary for those of us who greatly benefit from New Day Toastmasters.



[I-r] Mona Valore, IP1; Nanny Hazzard, CC; Rose Proscia, CC; Alki Soni; Fran Salinari; Linda Alarcon, PI1; and Arlene Trunzo, PI2 toast their club on the 15th anniversary.

Our group always welcomes new faces. Come and see for yourself. We meet the first Thursday of the month, 7:00 PM at the Regina McGinn Center, Staten Island University Hospital North (Northwell Hospital), 475 Seaview Avenue, S.I., N.Y. 10305.



Club News Warren County Toastmasters Celebrates 10 Years By Brian Goldrich, CC – Immediate Past President

On April 18th, the Warren County Toastmasters celebrated their 10th Anniversary with a party to end all parties. Members, alumni, and guests were greeted with balloons, anniversary banners, a smorgasbord of splendid food and excellent program.

President Brian Goldrich, CC performed Toastmasters duties for the evening. He welcomed all and ran through business minutes before inviting short speeches from Past President Dennis Quirk, CC,ALB; long-time member and VP-Education Gerard Kaiven, CC; and District 83 representative and former club member Janette Alexander, DTM.

Each speaker shared similar messages, praising his or her Toastmasters experience and encouraging members to continually challenge themselves to get the most of what Toastmasters has to offer, including stepping up for leadership roles in addition to giving speeches.



The meeting then moved to an extra-long version of Table Topics, where most everyone had a chance to answer a question or act out a favorite activity for the group to guess, charade-style.

Brian brought the meeting to a close with final words about the evening, the spirit of Toastmasters and the club.

- [Top] Kimberly Winters brings down the house with Table Topics
- [Right] Gerard Kaiven and Dennis Quirk share a laugh and a memory or two.



A special thanks goes out to the anniversary committee: Bruce Sullivan, Denise Washington, Sergeant at Arms John Edwards, and VP-Membership Annie Glynn, who stepped in to take photos at the last minute.



Club News State Street Princeton Revels in Goals Achieved By George Bertele, ACS,ALS – Vice President-Education





State Street Princeton Toastmasters proudly held a Celebration/Membership Drive on June 27, 2019-- the fifth anniversary of the club charter.

The gala included not just a Table Topics session on the theme of celebrations, but also represented a very special achievement for our club. One of our past presidents, Harshit Dhawan, CC,CL, gave his final speech required to achieve that CC award.

While a CC award is certainly special, the specific achievement referred to is the completion of our club's tenth DCP (Distinguished Club Program) point for 2018-2019. Harshit's CC award was the final point needed for the "2 More CC Awards" education goal, our tenth goal achieved, thus putting our club, for the first time (and within only five years) at not only a President's Distinguished level, but a Perfect 10!

In addition to the fanfare, balloons, cake, and congratulations, it is important that we reflect on what made us successful to this point, and how to continue it into the future.



Harshit Dhawan, CC,CL



Here's to many more years of success for our club, your club, and all Toastmasters clubs everywhere!



Club News Dialogue Party Toastmasters Celebrates #5 By Jeremee Johnson, CC,ALB

"Festivities"--the Word of the Day for our club's June 25th meeting--was the *modus operandi* of the evening, as members, families, and District 83 leadership celebrated our fifth anniversary and inducted the new club officers.





educational awards to nine club members [above].

Participating in an augmented Toastmasters club meeting, guests shared in recognizing the club, its leadership, and members' achievements over the last year. Traditional educational awards were presented by Su Brooks, DTM. Vice President-Education Kadian Grant, DTM presented Pathways

Division D Director Sylvia Badenhausen, ACS,ALB presented Distinguished Toastmaster (DTM) awards to Ainsley A. Reynolds and Kadian Grant. Club president Brenda Hall, CC,ALB presented the club participation and club mentoring awards. Lynda Starr, DTM presented club triple crown awards to Ainsley A. Reynolds, Brenda Hall, Cecile Edwards, CC,ALB, Eeshanee Dixit, PM2 and Kadian Grant.

Throughout the evening, guests enjoyed several inspiring speeches given by 2017-2019 International Director Radhi Spear, DTM; Peggy Seymour, ACS,ALB, and recent District International Speech 2nd place winner, Danielle Ulloa, EC1.

The night would not have been complete without a toast. All participants raised a glass of sparkling apple cider led by Dialogue Party Toastmaster club founder Ainsley A. Reynolds. All paid tribute to the supporters and members throughout the club's founding and last five years and anticipated a great next five years of the club.



Sylvia Badenhausen, Ainsley Reynolds

In her outgoing message, President Brenda Hall conveyed to members: "We made President's Distinguished and Perfect Ten this year, so we've set the bar high. Let's continue to support our club, new Club President and Club Officers. Once again, it was my pleasure to have served as your Club President and look forward to learning new and exciting things in my new role as your Club VPPR."



Club News Rutgers Staff Toastmasters Club Holds Open House By Kattlin Diaz, Club President, SR1



On August 7, 2019, the Rutgers Staff Toastmasters Club held an Open House and celebrated its one-year anniversary. This event was a huge success, as it was a packed house. Their corporate sponsor, Michael Gower, attended and was Toastmaster of the Day.

The Open House caught the attention of many employees in the building. Over 10 guests attend the meeting, two of whom have already joined the club.



There were several speeches; one was about Cross-Cultural Understanding, entitled "How many ways do you know how to say 'Thank you'?" and the other about research and presentation entitled "Social Media and Electronic Communication at the Workplace." The Table Topics were also entertaining. One topic was, "If you could go back in time, which two historic figures would you want to meet?"

Of course, nothing makes an event more successful than a luscious cake **[left]**, which of course everyone enjoyed.

This Open House has ignited tremendous enthusiasm among the club members. They are excited to see what wonderful things the club can accomplish in this one year that will make it grow larger and stronger.

It always seems impossible until it's done.

-- Nelson Mandela



Club News My Experience in Toastmasters En Español By Louis Yauri, ACS,CL – Club President

[Editor's Note: The Spanish translation of this article follows on Page 19.]



When I joined Toastmasters in June 2016, I had just finished graduate school. I wanted to continue learning, and I found that Toastmasters provided this opportunity at the community level. Late last year, I had the yearning to explore what else Toastmasters had in store. From the shaky icebreaker speech to competing at the district level in the International Speech contest, I had come to enjoy the Toastmasters experience very much. Additionally, as a bilingual English and Spanish speaker, I did not have a formal education in the Spanish language, much less on how to present to a Spanish-speaking audience. Of Latin American parents, I grew up in New York City; and, even though we spoke Spanish in the house, I did not have the Spanish public speaking exposure, much less skill in socializing in a Spanish-speaking group. That is how I came to find out about Toastmasters en Español, the only Spanish-language club in New Jersey.

Located in a beautiful historic building--William Musto Cultural Center in Union City NJ, I found the club and its members to be quite welcoming from the start. To meet on a Saturday morning is quite a challenge; and yet here was this club that served hot coffee and delicious pastries for all to enjoy while taking part in the general meeting held all in Spanish. This club has become like a second home to me. What makes the club so special is the unique real-world application that it implements. For example, it celebrates success, as it did recently with its joint anniversary and end-of-the-Toastmaster year event, in the same beautiful setting in the William Musto Cultural Center along with its senior sister club, Union City Toastmasters. To make this celebration more memorable, a leadership award named the "Angelica Salomon Leadership Award" was established, honoring the late and outstanding member and community leader Angelica Salomon who passed away last year. Starting this year, the award will be given during the year-end/anniversary celebration to a leader who makes an impact in the community. The night was full of lore and celebration filled with tasty appetizers and refreshments and included speeches directly from the Toastmasters manual, such as roasts, toasts and even a keynote speech by our 2018-19 District Director Manuel Reyes, DTM who also happens to be an alumnus of our venerable club.

The club would go on to celebrate other successes and bring together former members, co-founders and distinguished guests in seasonal summer spirit as well. We held our 13th annual outdoor general meeting under the trees and by the waterside flanked by the Statue of Liberty at Liberty State Park. Guests and members enjoyed a summer-themed meeting with sizzling burgers, hot dogs and other summer fare. What I learned is that every club has its flavor; but, when bridging a member's experience with real world events, the group becomes much stronger.

Toastmasters en Español welcomes everyone regardless of their Spanish-speaking level. What brings us together is the desire to improve our communication skills in Spanish. If that is one of your goals, the Toastmasters in Español club is the club of your dreams where friendships last forever.

The Club meets on the first, third and fifth Saturdays of each month at 9:30 AM in the William Musto Cultural Center, 420 15th Street, Union City, NJ 07087. For additional club information, please contact Louis Yauri or Ruth Alvarado at toastmasters.en.espanol@gmail.com



Noticias de Club Mi Experiencia en Toastmasters En Español Escrito por Louis Yauri, ACS,CL – Presidente del Club

Me uní a Toastmasters en junio del 2016, justo cuando acababa de terminar mi educación de post grado. Estaba buscando continuar mi aprendizaje y descubrí que Toastmasters Internacional brindaba esta oportunidad a nivel comunitario. A finales del año pasado, tuve la inquietud de explorar otras opciones ofrecidas por Toastmasters. He disfrutado mucho la experiencia de Toastmasters, desde el primer discurso de "rompe hielos" hasta mi experiencia de competir a nivel distrito en el concurso internacional de oratoria. Siendo una persona bilingüe de inglés y español, no había tenido una educación formal en español y mucho menos acerca de presentaciones con grupos de habla hispana. Crecí en la ciudad de Nueva York con padres latinoamericanos, y aunque se hablaba español en casa, no tuve la oportunidad de hablar en público y mucho menos socializar en un grupo de habla hispana. Así es como llegué a conocer al club Toastmasters en Español, el único club de habla hispana en Nueva Jersey.

Ubicado en el hermoso edificio histórico del Centro Cultural William Musto en Union City, NJ, descubri que los integrantes del club eran muy hospitalarios desde el primer día. Reunirse un sábado por la mañana es todo un desafío y, sin embargo, aquí estaba este club que sirve café caliente y deliciosos postres para que todos disfruten mientras participan en la reunión general que se lleva a cabo completamente en español. Este club se ha convertido en un segundo hogar para mí, ya que nos reunimos cada 1er, 3er y 5to sábado de cada mes. Lo que hace a este club único y especial, es la implementación al mundo real de todo lo aprendido en sus reuniones generales. Por ejemplo, se celebran triunfos. La celebración de Aniversario y fin del año Toastmaster fue realizado en el emblemático Centro Cultural William Musto conjunto con su club hermano: Union City Toastmasters. Para hacer esta celebración aun más memorable, se estableció un premio de liderazgo titulado "Premio de Liderazgo Angelica Salomón" en honor a la destacada y miembro líder de la comunidad, Angelica Salomón, quien falleció el año pasado. A partir de este año, el premio se otorgará durante la celebración de fin de año / aniversario a un líder que haya tenido un impacto en la comunidad. La noche de aniversario estuvo llena de tradición y celebración acompañado de sabrosos aperitivos y bebidas. Estuvo también llena de discursos directamente del manual de Toastmasters, como varios estilos de brindis, e incluso una presentación principal de apertura de nuestro director de distrito Manuel Reyes, DTM, que también fue alumno de este honorable club.

El Club también celebro otros éxitos que en el espíritu estacional del verano reuniría también a exmiembros, cofundadores e invitados distinguidos. Con nuestra 13ª reunión general al aire libre anual, nuestro club celebró este evento bajo los árboles y junto al agua, flanqueado por la Estatua de la Libertad en el Liberty State Park. Los invitados y miembros disfrutaron de una reunión temática de verano y deleitaron hamburguesas, perritos calientes y otros antojitos de verano. Lo que aprendí es que cada club tiene su propia sazón, pero al final, el conjunto de experiencias en eventos del mundo real, hacen que el grupo sea mucho más forjado.

En resumen, Toastmasters en Español da la bienvenida a todos, independientemente de su nivel de habla hispana. Lo que une a los participantes, es el deseo de mejorar las habilidades de comunicación en español. Toastmasters en Español es el club de tus sueños donde las amistades duran para siempre.

El Club se reúne el primero, tercero, y quinto sábado de cada mes a las 9:30 AM en el Centro Cultural William Musto, 420 15th Street, Union City, NJ 07087. Para información adicional sobre el club, por favor contactarse a Louis Yauri o Ruth Alvarado por correo electrónico en toastmasters.en.espanol@gmail.com



DOES YOUR CLUB HAVE A NEWSLETTER? If so, consider entering District 83's Newsletter Contest. If not, consider creating one.



Contest Criteria:

- Must use current Toastmasters International logo.
- Must include correct Toastmasters International branding standards (i.e. colors, use of logo, fonts, images, design devices, etc.).
- May use Toastmasters International templates or your own layout.
- Minimum of two pages; no maximum number of pages.
- Your club must be in good standing.
- Maximum of one entry per club.
- Eligible issue must be dated between July 1, 2018 and June 30, 2019.
- Deadline for submission: September 30, 2019.
- Submit a PDF to: <u>District 83 Newsletter Contest</u>

Results will be announced at the Fall Celebration (date to be announced). There is a perpetual Club Newsletter of the Year award, a 27" trophy, pictured above, with the winning club and year engraved on one of the smaller plates. The winning club will take possession of the trophy in the Fall and will return it to the District 2020 Annual Conference.

If you have any questions, please contact <u>Lynda Starr</u>, District 83 Director, 2019-2020; be sure to use the subject line of: District 83 Newsletter Contest.



How-To Corner: Design a Memorable Table Topics Table Topics in Jeopardy? By Irene Freeman, DTM -- Carpe Diem Toastmasters



How does one come up with an engaging Table Topics activity? Prevailing wisdom dictates we consider the context as well as the anticipated audience

and allotted time when developing a unique experience. Such was my task when I volunteered to be Table Topics Master for my Carpe Diem Toastmasters Club's 10th Anniversary Celebration and Open House Meeting.

After confirming thirty minutes for the exercise, I realized that more content was needed than a simple set of questions. Given the nature of the meeting, there would be a wide variety of attendees. In addition to questions about Toastmasters and the club, there needed to be questions for which general knowledge would suffice.

Being a long-time fan of the Jeopardy television show, I developed a similarly themed activity with categories of questions laid out in a grid on a poster board using "Post-it" notes. Each category had questions of increasing point value with a corresponding increase in difficulty.

CATEGORY	CATEGORY DESCRIPTION
Know Your Leadership	Interesting facts about our club leaders and your thoughts about them.
DTM Me	Speeches you might encounter on your way to your Distinguished Toastmaster award.
I'm Super Duper	Explain a day in the life of superheroes based on their TV theme songs.
Carpe Diem Is Not Fishy	Explain what certain motivational quotes mean to you.
Toastmasters Charades	Act out any four words on an assigned list for your team to guess.
Word of the Day	Explain what some recently coined words/expressions mean to you.

In my experience, mild competition has always been fun and has spurred engagement, so I randomly divided the attendees into two teams to compete against each other for points. As the host, I led the teams through the activity, keeping track of the questions asked. However, I found that it was more important to track the score, as the competition was fierce. As we progressed, the energy and excitement steadily increased to a level that I have rarely seen at a club meeting. At the end of the game, one team prevailed, but only by a very slim margin of points.

This was surely a memorable Table Topics experience! I was pleasantly surprised by the success of this activity in its ability to engage and entertain all present. I highly recommend your developing a similar activity when a special Table Topics memory is desired.



Opinion Piece An Evening with George Takei—A DTM Perspective By Sherri Rase, DTM—Social Media Strategist

Activist, author and raconteur extraordinaire George Takei took the stage at the State Theatre in New Brunswick, NJ on June 20, 2019--and I mean took the stage! Takei stood tall in the middle of the stage for more than an hour, 82 years old and razor sharp in word and mien. From the moment he walked on, front and center, the



audience was on its feet and, predictably, his response was his signature "Oh MY!". From there, we discovered that Space may not be the Final Frontier.

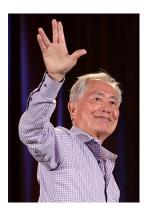
Takei's program was an hour in length and decades in breadth. It was also a picture-perfect Toastmasters speech. He used vocal variety, began and ended with a story and had such heart and perfect timing; we spent our evening in the palm of his hand.

Beginning with Star Trek, he discussed being part of a multi-cultural troupe and the first cast meeting when Gene Roddenberry, the creator of Star Trek, who shared his vision of what the show was about. This was 1966, and television shows [casts] were white with the occasional stereotype – Asian, Black and Latin folk -- assigned as servants or villains. Roddenberry introduced IDIC – Infinite Diversity in Infinite Combinations, and that vision is how the cast became the icons we know today. Takei gave us insight into a visionary who created the world he wanted to see and live in 40 years before other networks gave us today's beautifully diverse casts. Roddenberry continually put this group in peril, and they consistently worked together to solve problems – truly a model for us to follow.

Takei moved on to more somber topics—the events of February 14, 1942 when, in a knee-jerk reaction to the bombing of Pearl Harbor on December 7, 1941, the United States government issued Executive Order 9066, ordering the internment of Japanese American citizens to concentration camps in some of the most desolate areas of the country. More than 110,000 families who had built lives and businesses, contributed to the economy via those lives and businesses, were imprisoned. When he was only five years old, Takei's family was taken to a camp in the swamps of Arkansas. Takei attended school every day, pledging allegiance to a country that treated him like a criminal. During the telling of the families' travail, who could fail to draw the parallel when considering what immigrant families are suffering today.

Takei's family was relocated to Tule Lake in California and ultimately, through grit and hard work, his father moved from being a merchant to finding success in real estate. Initially he begged his family to send him to New York and the Actor's Studio, but his parents wanted him to have a university degree, so ultimately he chose to remain in California. He became involved in a number of political campaigns and, as part of the cast of a Civil Rights musical, *Fly, Blackbird, Fly,* he got to meet Martin Luther King, Jr. That meeting is as present for Takei at 82 as it was for the young college student.





From the time he was 10 years old, Takei knew he was different. In fact, Takei allows that realization of this difference is actually when his career in acting began; it was important to keep the mask of society and propriety in place. Since coming out as an activist and a proud gay man, Takei has been a voice of reason on Twitter with 2.9 million followers and more than 10 million followers on Facebook, speaking out on LGBTQ rights and immigration, two topics on which he is extremely well-versed.

"An Evening with George Takei, Where No Story Has Gone Before" was the perfectly crafted tale of where he's been and where we need to go. Human rights may not be the Final Frontier, but it is certainly the next one. George Takei leads the way--and he leads like a Toastmaster.



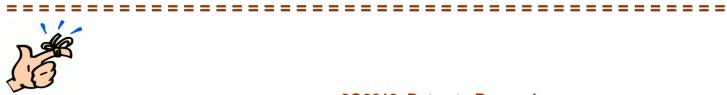


CELEBRATIONS

Member Anniversaries – Third Quarter 2019

Join Date	Last Name	First Name
Sugar State	25 YEARS	
7/1/1994	Tosone	James
	20 YEARS	
8/1/1994	Lin	Brian
8/1/1999	Raftery	Ken
THE LOW	15 YEARS	
7/1/2004	Jeffs	Joseph
8/1/2004	Fredericks	Jeanette
8/1/2004	Jijon	Charles
9/1/2004	Landa	Joy
	10 YEARS	
7/1/2009	Dickerson	Lena
7/1/2009	Karp	Erika
7/1/2009	Myers	Sabrina
8/1/2009	Fortunato	Mariana
8/1/2009	Mehra	Saurabh
8/1/2009	Newman	Adam
8/1/2009	Wollny	Helen
9/1/2009	Margolies	Beverly
	5 YEARS	
7/1/2014	Amadio	Martin
7/1/2014	Cooper	Steven
7/1/2014	Fenton	Kathleen
7/1/2014	Fulton	Sarah
7/1/2014	Lefsky	Harold
7/1/2014	Mazza	Danielle

Join Date	Last Name	First Name
	5 YEARS, cont.	29 B. S.
7/1/2014	Peterson	Kat
7/1/2014	Raut	Bhakti
7/1/2014	Senkevich	Stephanie
7/1/2014	Staniszewski	Brian
8/1/2014	Baicher	Andrew
8/1/2014	Carlo	Michael
8/1/2014	Franco	Twyla
8/1/2014	Graziano	Laura
8/1/2014	Hodges	Alquon
8/1/2014	John	Jennifer
8/1/2014	Kalia	Rama
8/1/2014	Moss	Richard
8/1/2014	Shan	Nathan
8/1/2014	Shanmugavel	Meena
8/1/2014	Tang	Saide
9/1/2014	Ashley	Michael
9/1/2014	Dziuba	Thaddeus
9/1/2014	Gatzemeyer	Catherine
9/1/2014	Glass	Kelley
9/1/2014	Macey	Kharis
9/1/2014	Prasath	Arun
9/1/2014	Ruderman	Warren
9/1/2014	Siegler	David
9/1/2014	Singh	Anupriya
9/1/2014	Stover	Matthew



3Q2019 Dates to Remember

9/1 – 9/30/19	Clubs collect and submit membership dues for DCP credit (deadline: 9/30)
9/1 – 9/30/19	Club-level Tall Tales Contest
10/1 - 10/31/19	Area-level Tall Tales Contests
11/16/19	D83 Fall Celebration – Recognizing Success – Location TBD
11/1 - 11/30/19	Division-level Tall Tales Contest
12/7/2019	Winter TLI – Location TBD



Contributors to this edition

Lynda Starr Michelle Tropper Su Brooks Sherri Rase Irene Freeman Janice Buffalow Margarita Estrada George Bertele Rose Proscia Brian Goodrich Bob Hodge Kattlin Diaz John Steinhilber Jeremee Johnson Linda Alarcon Louis Yauri

Photo Credits

Pg 1	Lynda Starr
Pg 3	Michelle Tropper
Pg 4	William Markert; T. Intl.
Pg 5	T. Intl.; Stock file
Pg 6	Janice Buffalow; Stock file
Pg 7	Su Brooks
Pg 10	Jenna Barone
Pg 11	Bonnie Hodge
Pg 12	John Steinhilber
Pg 13	New Day TMC
Pg 14	Annie Glynn
Pg 15	G.Bertele; D. Parmar
Pg 16	Ainsley Reynolds
Pg 17	Nadia Akhtar
Pg. 21	Irene Freeman
Pg. 23	Gage Skidmore

Parton Reader

Your timely articles and club news are welcome!

Contact the Newsletter Editor:

Jeanette (Jen) Fredericks, DTM jfred070784@cs.com

Submissions for the December 2019 issue are due November 15th

All submissions should include:

• author's name, photo (if desired), and achievement designation (ACB, Path.1, etc.);

• achievement designations of all members mentioned in the article;

• photos with captions and accreditation information.

District 83

TOASTMASTERS